



Prompt Health

The Clinician's Guide to AI: Practical Application in Physical Therapy and Education

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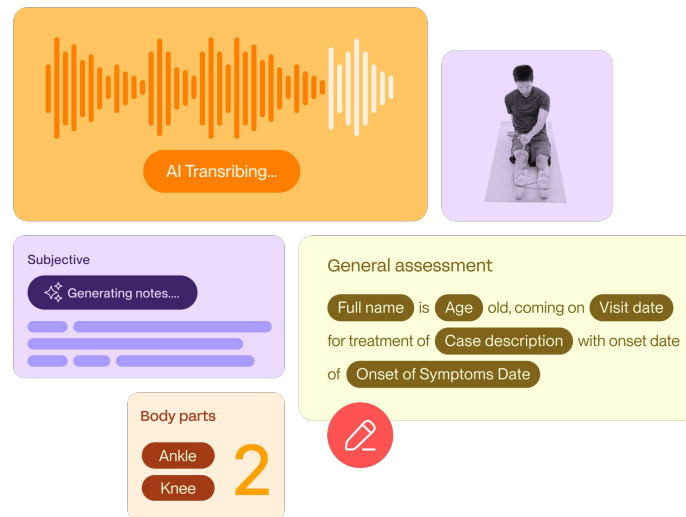
Kelly Brown, PT, DPT, OCS

Kelly Brown has extensive experience as a practicing PT, Clinic Director, and Regional Director in Private Practice PT out of the Pacific Northwest. She completed the Executive Program in Practice Management through Evidence in Motion, which gave her invaluable knowledge about the ins and outs of a private practice PT clinic. Kelly joined the PredictionHealth team in January 2022 after working closely with the company as they developed their AI technology for the Physical Therapy industry. Following their acquisition by Prompt Health, she now works as the Senior Manager of the Sidekick and Insight CS teams at Prompt, helping clients understand their practice data to make the most informed decisions about their practice. Kelly is passionate about improving the PT industry through transparency in data and efficient workflows within companies.



Why does this matter now?

- AI tools are entering healthcare classrooms and clinics rapidly
- Adoption is happening faster than policy
- Educators are shaping how the next generation will use AI



How to vet an AI tool

Start here: Is it safe, not just impressive?

- HIPAA compliant + organizational BAA
- No PHI used to train public models
- Healthcare-layered model (not just general AI)
- Built-in guardrails and accountability

Technology & AI

Questions to ask vendors

- Is this a unified platform with proprietary AI or a combination of acquired tools and plug-ins?
- Where is AI currently embedded—and what tasks does it actually automate?
- Do you use AI and automation to keep schedules full?
- Does the AI ask dynamic questions to personalize intake and surface relevant patient insights?
- Does AI assist in note taking?
- Does AI assist in code compliance?
- Can you show me a live demo of the AI features?
- How does the system use data to support decision-making in real time?
- What kind of documentation or predictions does the AI handle today (not just “coming soon”)?
- What are your policies around AI privacy, patient data use, and transparency?
- Do you have your own AI Engineering and AI Ethics Team?

Resource: [Buyer's Guide](#)

The mindset shift

AI should strengthen, not replace, clinical judgement

- Reduce admin friction
- Free cognitive bandwidth
- Preserve critical thinking
- Clinician remains accountable

A shared responsibility

Vendor responsibility

- Build compliance & guardrails
- Design for responsible use
- Be transparent about limitations

Clinic/Educator responsibility

- Clear internal AI policy
- Defined appropriate use
- No individual BAAs
- Ongoing training and support*

*Most vendors will provide some level of training & support. Be sure to clarify responsibilities and availability with your vendor.

AI won't replace clinicians.

But irresponsible AI adoption
can erode clinical integrity.

Questions?

Let's connect! Kelly.Brown@prompthealth.com